

# In Touch



Care & Repair  
Gofal a Thrsio

Christmas 2019

Improving homes, Changing lives

## Happy Christmas

As we approach the end of 2019, it is a good time to share some of the year's achievements, to remind ourselves of why we do what we do and of how Care & Repair makes a difference for older people in Wales.

Care & Repair provides a vital service which supports the wellbeing of older people. By focussing on how to make their home warm and safe we are helping older people to live independently in their own home, reducing the risk of trips and falls, preventing hospital admission due to cold, damp housing and helping our clients to apply for unclaimed benefits.

It is thanks to our many supporters and friends that we are able to do so much to improve the lives of so many older people across Wales. Together we can, and do, make a real difference.

Thank you for being a Friend of Care & Repair and for supporting our vision of a Wales where all older people are able to live independently in homes that are safe, warm and suitably adapted.



### In the past year we've...

Helped 46,117 older people across Wales

Helped deliver £7.4m worth of benefits previously unclaimed

Delivered £16.5m worth of home repairs

Helped prevent trips and falls for 36,609 people

Raised £333,782 of charitable funding for home repairs

We'd like to wish you a very Happy Christmas and best wishes for the New Year from all at Care & Repair.

## INSIDE...

Christmas knits to say "thank you"

Helping older people stay warm & safe



## Christmas knits to say “thank you”



When Maureen’s husband became ill and found it difficult to move around the house safely, Care & Repair stepped in and fitted a range of handrails, both inside and out, a second stair banister and made sure there were no other potential trip hazards lurking to trip up Robert.

“I was so grateful for the support and advice from Care & Repair and I wanted to do something to show my appreciation. I’ve always enjoyed making things and with Christmas not too far away decided I could knit some Christmas Puddings and robins to sell to family and friends to raise some money.”

The knitting soon became a family project with Maureen’s two daughters, Carolyn and Claire, joining in. Carolyn told us ‘Mum has always been a creative person and she passed on her love of crafts to us. Knowing Dad was able to live at home safely and be less likely to fall was a great relief for us, so of course we wanted to help Mum raise some money for the charity.’

**The Christmas knits have raised over £100 to date with more still being sold.**



### Don’t forget...

If you have a Bus Pass you do need to renew it by the end of the year. The easiest, and quickest way to renew is to go online at [www.tfw.gov.wales/travelcards](http://www.tfw.gov.wales/travelcards)

## Helping older people stay warm & safe

A BIG “Thank You” to everyone who supported the Care & Repair Big Give Christmas Challenge 2019. We have raised £1,000 for our Healthy Homes for Older People Hardship Fund.

A special BIG “Thank You” to Wales & West Utilities for their fundraising cake bakes and raffle which have raised £340 for the Hardship Fund.

Elaina Cook from W&WU said “We’re supporting the C&R Big Give Appeal to raise funds for the Healthy Homes for Older People Hardship Fund which will help clients who are unable to find funding to pay for work to make their homes safe and warm.

“The fund will provide vital payments to carry out work that will improve heating systems and reduce damp and draughts to make homes safe, warm and dry.”

Our Healthy Homes for Older People Hardship fund helps Care & Repair clients like Mrs Smith who is 89yrs old and was recently discharged after a three month stay in hospital following a fall at home.

Care & Repair were asked to visit by the district nurse because the house felt cold and drafty. Our caseworker found the central heating was not working and Mrs Smith was relying on one electric fire to stay warm. Because of our hardship fund we were able to pay for a gas engineer to visit and repair the central heating boiler the next day.

**Mrs Smith told us: “My home is now lovely and warm; it hasn’t felt this warm for years. I’m sure part of the reason I fell in the first place and had to go into hospital was because I was so cold.”**



Speak to us on **0300 111 3333** or email [enquiries@careandrepair.org.uk](mailto:enquiries@careandrepair.org.uk)  
[www.careandrepair.org.uk](http://www.careandrepair.org.uk)

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